

**Basic Curriculum vitae:**  
**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*



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Birth : 03.06.1949  
 Nationality : Swiss &  
 USA  
 Status: *married*

**General  
 presentation**

Doctor in psychology and sport.

**Main activity:** *Psychotherapy and research in nonverbal communication.*

**Expertise.** *Psychotherapy practice, supervision and training, courses in autoregulation (relaxation, massage, emotional expression, exploring of one's capacity to interact with others). Management of research programs; video analysis of how teams and families interact; detailed analysis of gestures, mimics and postures. Numerous publications in French and English.*

*Member of teams that create professional journals, direct professional organizations, organize congresses, and of professional committees (scientific, professional standard and ethic).*

In psychotherapy I use an *integrative approach with includes body techniques*, mostly inspired by the following approaches: neo-reichian, psychodynamic, systemic, behavioral (based on the findings' of studies on nonverbal communication) and cognitive (based Jean Piaget's developmental constructivism).

**Main qualities:** Advice, autonomy, communicates, cooperates, extensive knowledge, imaginative, informs, insight, listens, managing projects, perspicacious, pluridisciplinar, precise, writing. Knows how to create understandable links between theory, research and practice. Likes to work in a team.

**Professional  
 experience**

- |           |  |
|-----------|--|
| 2009-now  | Psychotherapy in collaboration with Dr. (psychiatry, FMH) Nicole Clerc, Lausanne. Possibility of delegated psychotherapy.        |
| 2000-now  | Training workshops in various schools of body psychotherapy and conferences in Europe, Brazil and Japan.                         |
| 1980-now  | Conferences on nonverbal communication, body psychotherapy and Psychotherapy and cognitive psychology.                           |
| 1999-2008 | Psychologist and psychotherapist in a private practice, Lausanne.  |
| 1987-1998 | Executive psychologist in the Psychiatric University Institutions of Geneva (IUPG, then HUG), and researcher for the Psychiatric |

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1987-1989	department of the Geneva Medical Faculty. Head of the <i>Laboratory Affect and Communication-LAC</i> .
1986-1999	Group supervision in Biodynamic Psychology and Psycho-Organic Analysis, Munich (Germany).
1986-1999	Psychologist and psychotherapist (40%) in the homeopathic medical practice of doctors Ingo Schneider, Nicole Reinhardt and Dominique Probst-Lausanne. Collaboration with François Fleury (Ethno-therapy) and Marguerite Bulet (physical therapy and the Meziere technique).
1984-1995.	Trainer in Europe (Austria, England, France, Germany and Switzerland) for (1) Gerda Boyesen International (GBI) in Biodynamic psychology and (2) Psycho-Organic Analysis (Paul Boyesen).
1980-1989	Psychotherapist and co-founder of the Geneva Centre of Biodynamic psychology, Chêne-Bourg; with Caroline Mercier, Alain Ringger and Françoise Werner-Enckell.
<b>Basic training</b>	
1992	Doctoral thesis in psychology and sport, at the University of Duisburg (Germany), with professor Siegfried Frey. Title. Postural dynamics and social status, awarded with a <i>summa cum laude</i> .
1989.	Obtained the right to practice psychotherapist in the Swiss state of Vaud, by the department of the interior and public health (Département de l'Intérieur et de la Santé Publique du Canton de Vaud).
1988	Specialization in the coding of facial mimics using the Facial Action Coding System (FACS), with a certificate of competence delivered by Paul Ekman and Wally Friesen.
1987.	Recognized as supervisor in Biodynamic psychology and Psycho-Organic Analysis.
1983	Diploma in Biodynamic psychology and Psycho-Organic Analysis.
1976-1987.	Training as a doctoral student in experimental social psychology at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
1976-1984.	Training as a doctoral student in nonverbal communication at the faculty of Psychology, Bern University, with Siegfried Frey.
1976	License to practice psychotherapy in Biodynamic psychology given by Gerda Boyesen.
1976	Diploma in genetic and social psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise.
1969-1975	License in experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva. The equivalence to à Master was obtained at the FPSE in 2010.
1969	Swiss Federal Matura, classical (latin).

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<b>Langages</b>	
French	Native language
English	Second native language
<b>Computing</b>	Windows, Excel, Word, PowerPoint, Visual Basic and Frame Maker.
<b>Extra-professional interests</b>	Extended literary knowledge in literature, history, social sciences and philosophy (European and Oriental). Classical music. Body technics (Tai-Chi, massage, relaxation, gymnastics, etc.)
<b>Honorary title</b>	
2010	Honorary member of the European Association of Body Psychotherapy (EABP), « for his significant contribution to body psychotherapy in general».
<b>Major publications</b>	
2012.	- Michael C. Heller. <i>Body Psychotherapy: History, Concepts, and Methods</i> . New York: W.W. Norton. Translation by Marcel Duclos.
2008.	- Michel Heller. <i>Psychothérapies Corporelles. Fondements et méthodes</i> . Louvain: de Boeck.
2001.	Michael Heller. <i>The Flesh of the Soul. The body we work with</i> . Bern: Peter Lang.
	 A more detailed CV is available, with a detailed list of 62 publications, 85 presentations and post-training.

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**Basic Curriculum vitae:**  
**Michael C. Heller, Doctor in *Psychology and Psychotherapist***

Schools :

1969. Swiss Federal Matura, classical studies (latin).  
 1961-1969. Ecole Nouvelle de Chailly, Lausanne (Switzerland)  
 1960. Summerfields School, Oxford (England).  
 1954-1959. Various schools in Paris (France).

University Studies :

1992. The Ph.D. dissertation was presented at the Faculty of Psychology of Duisburg, Germany. The dissertation is directed by Professor Siegfried Frey and Professor André Haynal. Following the German procedure, with the presentation of the dissertation, I also passed an oral exam on epistemology from Plato to Husserl (directed by Professor Guirnt), and an oral exam on the physiology of emotions (directed by Professor Haynal). The dissertation was accepted with a "Summa Cum Lauda".

1976-1984. As a doctoral student I studied at the Psychology Faculty of Bern: Siegfried Frey. These visits implied learning how to use 'Time Series Notation'. This method is focused on the analysis of gesture.

1976-1984. Preparing a Ph.D. on 'Postural dynamics and Social Status' with Professor Doise.

1976. Diploma in genetic and social psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva, department of Professor Willem Doise. Written dissertation replicating Jean Piaget's 1976 research on *The grasp of consciousness: action and concept in the young child*. Title of the dissertation: La marche à quatre pattes (walking on all fours).

1969-1975. License in developmental and experimental psychology, at the Faculty of psychology and educational sciences (FPSE), University of Geneva. The equivalence to a Master was obtained at the FPSE in 2010.

Psychotherapy Training :

2004-2006, Lausanne. *Individual supervision* with Kaj Noschis. 23 Hours.

1995-2002, Lausanne. *Individual supervision* with Marulla Hauswirth. 37 Hours.

1995-1998, Lausanne. *Individual psychotherapy* sessions in Bio-energetic Analysis with Jean-Marie Goël (184 sessions)

1989-1990, Offenburg (Germany). Post training with Gerda Boyesen in 'deep draining' (a method of deep massage which allows one to work on the psycho-postural patterns of a patient).

1983. *Diploma in Biodynamic Psychology and in Psycho-Organic Analysis* (then called psycho-dynamic analysis). This second school was created by Paul Boyesen, with the aim of building a bridge between body psychotherapy and psycho-analytic work.

1979 . Certified psychotherapist in *Biodynamic Psychology*.

1978-1983. Courses in Psycho-Organic Analysis with *Paul Boyesen*.

1976-1979, Geneva. *Training in Biodynamic psychotherapy* organized by Gerda Boyesen.

1973—1975, Geneva. Body psychotherapy workshops. The rhythm was of 9 week-ends per an. With Tribu, then with Gerda Boyesen.

1971-1974, Geneva. *Psychotherapy sessions* of psychodynamic orientation with Georges Dubal (250 sessions).

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Career in psychotherapy :

2009-now, Lausanne. Psychotherapist in collaboration with Doctor Nicole Clerc (psychiatrist), with the possibility of delegated psychotherapy.

2010.11.1. Honorary member of the European Association of Body Psychotherapy (EABP), « for his significant contribution to body psychotherapy in general».

1999-2009, Lausanne. Private practice of psychotherapy in Lausanne.

1989. Authorization from the "Département de l'Intérieur et de la Santé Publique du Canton de Vaud" to practice psychotherapy in the Canton de Vaud (capital: Lausanne).

1988. Supervisor for the Gerda Boyesen International Institut.

1987-1989, Munich (Germany). Monthly groups of supervision for Biodynamic Psychology and Psycho-Organic Analysis schools in München, Germany.

1986-1999. Psychologist and psychotherapist (40%) in the homeopathic medical practice of doctors Ingo Schneider, Nicole Reinhardt and Dominique Probst-Lausanne. Collaboration with François Fleury (Ethno-therapy) and Marguerite Burlet (physical therapy and the Meziere technique).

1984-1990. Trainer in Europe (Switzerland, Germany, Austria, France, and England) for the schools of Biodynamic Psychology and Psycho-Organic Analysis.

1999-2009: Full time Psychotherapy practice at Rue du Maupas 12, In Lausanne.

1980-1989. Psychotherapist and co-founder of the Geneva Centre of Biodynamic psychology, Chêne-Bourg; with Caroline Mercier, Alain Ringger and Françoise Werner-Enckell.

1976. First clients seen for body psychotherapy.

Academic Career

1992-1995, Geneva. The LAC is funded by the Swiss National Funds for Scientific Research (Subside n. 32-33548 du Fonds National Suisse de la Recherche Scientifique-Neurologie, Psychiatrie). The project is a Contribution to the Observation of the Nonverbal Behavior of para-suicides and to the prediction of suicide reattempt risk ("Contribution à l'observation du comportement non verbal et à la prédiction du risque de récurrence suicidaire"), carried out by Marc Archinard, Michael Heller, and André Haynal.

1989-1998, Geneva. A 25% post as "Psychologue II" at the Psychiatric Department of the Geneva Medical Faculty. I now work 75% of the week at the L.A.C. Nominated executive psychologist at the I.U.P.G.

1987-1998, Geneva. Employed by the I.U.P.G.: "Institut Universitaire de Psychiatrie-Genève" (Geneva University Psychiatric Institutions). The I.U.P.G. has become the H.U.G. (Geneva University Hospital Psychiatric Department). Professor André Haynal wants me to create a laboratory in which nonverbal communication between psychiatrists and suicidal patients is analyzed using Ekman and Friesen's FACS method (Facial Action Coding System). The Laboratory is called the Laboratory of Affect and Communication" (L.A.C.). I am first there 50% of the week as a "Psychologue I". We mostly analyze para-suicidal and depressive patients. en 1993.

Professional Associations :

2006-now. Member of the EABP *Ethics Committee*.

2003-now. Member of the commission that decides which psychologists can become a psychotherapist in the Vaud State of Switzerland, for the Vaud Association of Psychologists (AVP).

1995-now. Member of the Swiss Association of Psychologists (FSP) as psychologist and psychotherapist. Member of the Association of Psychologists of the Vaud State (AVP). The two memberships are a required associated.

1989-now. Member of the Swiss EABP.

1987-now. Member of the European Association of Body Psychotherapy (EABP).

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2009-2010. Member of the scientific committee for the organization of the Vienne 2010 EABP congress.

2009-2010. Member of the EABP CCP to organize the Vienna 2010 congress. Chair: Dr. Elfriede Kastenberger. Membres: Dr Eva Wagner Margetich ; Dr. Regina Hochmair ; Christina Bader ; Bosse Ahrenfelt ; Odegaard, Bjorn ; Michael Heller.

2004-2006: Reserve member of the *EABP Ethics Committee*.

17.9.2001: I step down from the EABP board for health reasons.

2000-2002: EABP representative in the organizing committee of the 6th International Congress of Body Psychotherapy, in Ischia and Naples, Italy.

1999-2001 Reelected for two years at the Board of the EABP by the General Assembly. Nominated *Vice-President* by the Board.

1998-2005: Consultant for the Scientific Committee of the USABP.

1997-1999. Member of the Board of the European Association of Psychotherapy. I represent the EABP in the following EAP committees: the EWO (European wide associations) selection committee (chairman : Mony Elkaïm), and of the EAP Scientific committee (chairman : David Boadella), and of the Training Standards Committee.

1997-1999. Member of the team which organizes for the EABP a Congress on « The Flesh of the Soul », at Tavemünde-Germany.

1995 -2001. Member of the EABP Board, to create a scientific policy for the EABP and a Journal.

1995-1997: Elected chairman of the EABP ethical committee.

1993-1997. Elected member of the EABP ethical committee.

1989-2005. Member of the Swiss Association of Biodynamic Psychology (APSBP).

1984-1989. Member of the AFPB board.

1984. Founding member of the "l'Association Francophone de Psychologie Biodynamique (AFPB)". This is the French speaking Association of Biodynamic Psychology.

Journals :

2010-now. Member of the editorial team of the *International Journal of Body Psychotherapy*, created by the EABP and the USABP, with Jacqueline Carleton as main editor.

2004-now. Associate editor of *Body, movement and dance in psychotherapy*, published by Routledge, Cambridge (GB).

1999-2010. Member of the International Advisory Board of *Energy & Character*, Journal of the Biosynthesis School, created by David Boadella.

1994-1995. *Diagonales*, French Journal of body psychotherapy. Chief editor, and founding member with Yves and Jacqueline Brault & Michael Randolph. Only one number came out.

1984-1991: Main editor of *Adire*, Journal of Biodynamic Psychology for French speaking readers.

1984. Founding member of *Adire*, journal of the French speaking Association of Biodynamic psychology.

Continuous training

2011.12.12-14. *Career Group, Jerzy J.W. Ullmann. Biomedizin Naturwissenschaft Forschung (BNF), Université de Lausanne*. 24 heures.

2011.12.1. Continuous training on psycho-oncology and ethic, organized by Dr. Jean Bauer for the Association romande pour la formation continue en oncologie médicale (FOROME). 6 crédits.

2011.11.19. Conference on Psychology for urgent situations [Colloque du Collège Romand en Psychologie d'Urgence (CRPU) 2011 : Corps et trauma : Du corps marqué au corps bouclier [Body and Trauma : from the wounded body to the body as a shield]. The psychiatric hospital of Marsens, Fribourg, Switzerland. 8 hours.

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2011.4.11. Michelle Moreau Ricaud. *Histoire de la psychanalyse [history of psychoanalysis]. L'institut psychanalytique de Berlin [The Berlin Psychoanalytic Institut]*. Organized by the Nant Fondation, Secteur psychiatrique de l'Est Vaudois. 2 hours.

2010.9.18, Geneva. Seminar organized by the Swiss Society of psychoanalysis and the Centre of Psychanalyse Raymond de Saussure, given by Catherine Chabert: *The dreamer and the analyst*. 2 hours.

2010.10.29 – 11.1. *Body Mind Relationship*. 12<sup>th</sup> EABP congress in Vienna. 25 hours.

2009 – 2010, Lausanne. 5 seminars on the *Freud-Ferenczi correspondance*, organized by the Institut universitaire d'histoire de la médecine et de la santé. 10 hours.

2009.8-12. 5 sessions on clinical epistemology (*d'Atelier d'Épistémologie clinique*), with Professor Nicolas Duruz.

2008.11.25. *Psychiatrie de liaison et neuropsychiatrie (psychiatry and neuropsychiatry)*. Symposium for continuous training organized by Professor Pierre Bovet for the Psychiatry Department of the University Hospital Center of Vaud (DP CHUV) and the Swiss Society of Consultation-Liaison Psychiatry. 4 hours.

2008.11.8-11. *Body Awareness: Where Body Psychotherapy, Neuroscience and Traditional Healing Meet*. Congress organized by François Lewin for the Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in Paris. 18 hours.

2008.6.12. *Body Psychotherapist Discussion Group of the Institute for Functional Analysis*. Organised by Will and Lilly Davis. Mas de La Capelle, France. With Bosse Arenfeldt & Per Harbitz. 6 hours.

2008.6.01. Post-training presentation by Beatrice Beebe on *Forms of intersubjectivity in infant research and adult treatment*. Fields: nonverbal communication and psychoanalysis. Organized by Karl Heinz Brisch, of the of the child-psychiatric clinic of Munich : Dr. von Haunersches Kinderspiatal kinderlinik. 4 hours.

2008.5.31. Post-training presentation by Beatrice Beebe on "*The origins of disorganized attachment*". Fields: nonverbal communication and children psychoanalysis. Organized by Karl Heinz Brisch, of the child-psychiatric clinic of Munich: Dr. von Haunersches Kinderspiatal kinderlinik. 7 hours.

2007.10.19-20. Seminar to honor *the 50<sup>th</sup> anniversary of Wilhelm Reich's death*, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in the Institut of Psychology Harald Scheldrups of Oslo University. 12 hours.

2007.9.14-15. *Histoire de vie: des maux pour le dire. Traumatismes psychiques "banals"-stress-somatisations*. 6<sup>th</sup> congress of the Société de Médecine Psychosomatique et Psychosociale (SSMP). Centre Médical Universitaire of Geneva. Credit: 13 hours.

2007.4.19-20. *Sabina Spielrein*. Scientific meeting organized by Professor Nicolas Duruz and Kaj Noschis at the Faculty of social sciences and politic of Lausanne University: 10 hours.

2006.3.18. *Psychotherapy today: variety, research, training*. Organised by Professor François Ferrero, of the psychiatric department of the Geneva Faculty of Medicine. Credit: 6 hours.

2006.2.18. *Trauma et corps : quel impact ? (Trauma and body: what impact?)* Seminar for professional training in the psychology of urgency organized by the « debriefing network of the Vaud association of psychologists », organised by Carol Gachet. Yverdon. Credit: 3 hours.

2006.02.02. *Face aux comportements violents des adolescents : Quelle autorité ? Quelle thérapie ?* Seminar for professional training of professors Philippe Jeammet and Nicolas Duruz for the Lausanne university department of adult psychiatry (DUPA), and the center for family studies (CEF). Credit: 6 hours.

2005.6.10-12. The University College of Oslo, Norway. *The European Tradition meets the Norwegian Tradition of Body Work*. Presentations by Bjorn Blumenthal, Ebba Boyesen, Berit Heir Bunkan, Per Harbitz, Michael Coster Heller, Berit Ianssen, Cecilie Meisingseth Montarou.

2005.5.20-12, University College of London: *Parent-Infant Research and Psychotherapy*

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Conference, organized by The International Attachment Network & The Association for Infant Mental Health, UK. With presentations by Anne Alvarez, Beatrice Beebe, Elisabeth Fivaz-Depeusinge, Amanda Jones, Howard Steele.

2004.11.11-13, Zurich. George Downing's seminar on "Nonverbal process in therapeutical transference – theory and practical implications" (Nonverbale prozesse in der therapeutischen Beziehung – Theorie und praktische Implikationen). 9 hours.

2004.10.7 – 10. 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP), Marathon, Greece: The body at the Centre of Psychotherapy. 18 hours.

2004.9.10-11, Zurich. 2 day seminar by George Downing on the *videoanalysis of hyperactive children*. 10 hours.

2004.09.09: 2004.9.9, Lausanne. *Festschrift in honor of Elisabeth Fivaz-Depeusinge*, at the Lausanne University Psychiatric Hospital of Cery on "Interfaces entre intersubjectivité et attachement de la famille", with Daniel N. Stern, Karlen Lyons-Ruth, Nicolas Favez, Pierre Bovet and France Frascarolo. 6 hours.

2004.6.10-11: 10th meeting of the French Association for Training and Research in Cognitive and Behavior therapy (L'Association Francophone de Formation et de Recherche en Thérapie Comportementale et Cognitive): *Troubles de Personnalité et troubles émotionnels: la place du thérapeute*. Veyrier du Lac (France), 9 hours.

2004.3.25-27. Zurich. 2 day seminar by George Downing on the *videoanalysis of interactions with children*. 10 hours).

2004.3.23. Meeting organized by Elisabeth Fivaz-Depeusinge and Pierre Bovet at the Lausanne University Psychiatric Hospital of Cery on the *video-analysis of mother child interactions* with the participation of Monica Hedenbro from Stockholm. 6 hours.

2003.9.26-29. Meeting organized by Elisabeth Fivaz-Depeusinge and Pierre Bovet at the Lausanne University Psychiatric Hospital of Cery on the *analysis of mother child interaction* with the participation of Philippe Rochat. 12 hours.

2003.7.28-30. Workshop for professionals introducing the *Pesso-Boyden Method*, presented by Albert Pesso at the Ecole Biodynamique of Montpellier (France).

2002.10.27-31. 6th International Congress of Body Psychotherapy, In Ischia and Naples, Italy. 18 hours.

2002.9.19-21, Zurich. Zurich. 3 day seminar by George Downing on the *videoanalysis of interactions with children*. 15 hours.

2002.5.17-20. *A Vision of Unity. Biodynamic Psychology Congress, in Fribourg, Germany*. 18 hours.

2002.3.19-23, Zurich. 5 day seminar by George Downing on the *videoanalysis of interactions with children*. 20 hours.

2002.01.22. *Interactions with babies*. Seminar with George Downing at the Psychiatric Department of Heidelberg University. 2 heures.

2001.10.5-7. *Body experience and Expression of the Soul. Biosynthese, International Institute für Biosynthesen, Zurich*. 6 heures.

2001.9.13-16. *The Art of Healing: (8<sup>th</sup> EABP Congress) à Egmond Aan Zee, Hollande*.

2000.11.16-18, Basel. Congress of the Swiss EABP. 10 hours.

2000.6, Berkeley, CA. *The Art of Body Psychotherapy. Second National Conference Of The United States Association For Body Psychotherapy*. 3 days.

1999.11.18-17, Zurich. 2 day seminar by George Downing on the *videoanalysis of interactions with children*. 10 hours.

1999.9.4. 7<sup>ème</sup> Congrès de l'EABP, à Travemünde – Allemagne. Thème : *le corps du psychothérapeute*.

1998.11.21-22, La Chaux-de-Fonds – Switzerland. International congress in psychoanalytical psychotherapy by relaxation, (Colloque international en psychothérapie analytique de relaxation). 6 heures.

1998.6.24– 30, Boulder – USA. First National Conference Of The United States Association For Body Psychotherapy. 3 days.

1998.5, Washington D.C. 10<sup>th</sup> Annual Convention of The American Psychological Society. « Festschrift » of Paul Ekman. 6 hours.



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1998. Active participation in the meetings organized by Maryvonne Gognalons-Nicolet in the psychiatric section of the University Hospital of Geneva (HUG) (colloques de recherche en psychiatrie).

1997.5.08—12, Vienna. EABP congress at Vienna-Austria, organized to commemorate *Wilhelm Reich's 100<sup>th</sup> birthday*. 4 days.

1996.8.5 - 9, Basel. "*Culture - sign - space*", VIIIth congress of German and Dutch Semiology, organised by the "Deutsche Gesellschaft für Semiotik". 3 days.

1994.10 - 1995.6. Seminars of professors Landis and Haynal at the IUPG: *Neurological and Psychiatric symptoms*.

1994.9.19—22, Geneva. 14th advanced course of the Jean Piaget Archives: *The Social Genesis of Thought, Piaget / Vygotsky*.

1994.7.27 - 31, Hamburg-Germany. Congress on the "Evolution of Psychotherapy". organized by the Milton H. Erickson Foundation. Eminent figures of the history of psychotherapy commented the evolution of psychotherapy (e.g. Beck, Hillman, Kernberg, Lowen, etc...) "*Evolution of Psychotherapy*". 4 days.

1993.10. EABP Congress, Strasbourg, France. 4 days.

1993—1994. Sessions of *Chi-Kong* with doctor Bao-Ping, organized by Fondation Ling, Lausanne.

1993.12. Visiting with Véronique Haynal the laboratories of professor John Gottman (2 days) at the psychological faculty of University of Washington in Seattle and of professor Paul Ekman (10 days) the psychological faculty of UCSF, in San Francisco. There we increased our knowledge on how to *analyze nonverbal behavior*.

1992.3. Congress on "*Nonverbal Communication*", organized as part of an annual meeting on "The Biological Foundations of Human culture" at the Zentrum für Interdisziplinäre Forschung, University of Bielefeld - Germany.

1991.9. 3<sup>rd</sup> European Congress of Body-Psychotherapy, Lindau (Germany), 4 days.

1991.5. Congress of the German Speaking Association of Biodynamic Psychology, in Germany. 3 days.

1989.9. EABP congress at Seefeld-Austria. 4 days.

1988 - 1998. *Seminar of Artificial Intelligence*, created and animated by Professor André Haynal with professors Guy Cellérier and Daniel Stern, at the IUPG. These seminars occurred every two months. Other members were Günther Albers, Jean-Jacques Ducret, Oliver Real, Rolf Schäppi, and Richard Vuagniaux. During the last years of her life Bärbel Inhelder also came several times. From 1989 to end of 1998 I was organizing these meetings.

1988.12. With Véronique Haynal: Meeting in San Francisco with Paul Ekman and Wally Friesen and their team in their UXSF laboratory. Presenting the projects of the LAC and learning how to use FACS. 10 days.

1988.3. 3rd European Conference on Facial expression-measurement and meaning, organized by Wulf SchiefenHovel and Heiner Ellgring (Max, Planck, Seewiesen and München), Ringberg Castle- Germany.

1988.5. Congress of the French Speaking Association of Biodynamic Psychology, at Poitiers-France. 3 days.

1986.5. Congress of the French Speaking Association of Biodynamic Psychology, Château Cornu—France. 3 days.

1984.5. Congress of the French Speaking Association of Biodynamic Psychology, Gargas—France. 3 days.

1983.5. Part of the organization of a workshop organized by Siegfried Frey on "*Unexplored dimensions of Human Communication*", at the Maison des Sciences de l'Homme, Paris-France.

1982.5.4-6. Part of the organization of the congress organized by French speaking therapists in Biodynamic Psychology at Montailleurs-France.

1981.9. 1st European Conference organized by Paul Ekman and Wallace Friesen at the Maison des Sciences de l'Homme, à Paris—France: *Facial expression-measurement and meaning*,

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1979.9. Congress: "*Methods of Research in Nonverbal Communication*" organized par Paul Ekman & Klaus Scherer for the NATO Advanced Study Institute, in London-England. 3 days.

1973—1979. Courses of *Tai Chi Chuan* with Madame Lizelle Reymond and her team (each week, 8 months a year). Some additional workshops were given by master Q Dee Chow, from Tai Wan.

Presentations

**Courses and training**

- 1) 2011.11.6.27-30. *Ombre et contretransfert* [Shadow and countertransference]. Training workshop given for the Montpellier School of Biodynamic.
- 2) 2010.12.2. *Psychothérapies corporelles: une approche pluridimensionnelle de la pratique psychothérapeutique*. Continuous training for psychologists organized by the University of Lausanne and the association for psychologists, FARP.
- 3) 2009.05.20. *Stress et travail sur les processus respiratoires* (stress et breathing). University of Geneva, Faculty of Psychology and the Science of Education (FPSE), for professor Susanne Kaiser.
- 4) 2008.10.10 – 14, Nagoya (Japan). *The SOD model*. Training group for the Bio Integral Psychotherapy School (BIPS).
- 5) 2008.10.17, Tokyo (Japan). *Presenting Body Psychotherapy*. Workshop for the Bio Integral Psychotherapy School (BIPS).
- 6) 2008.6.13. - 15. *Diagnostic et pertinence du choix des outils thérapeutiques dans la Psychologie Biodynamique*. Training workshop given for the Montpellier School of Biodynamic.
- 7) 2007.10.08. *Communication Nonverbale et Négociation*. The Séminaire thématique sur la négociation de contrats, of Professor Christoph Müller, of the Faculty of Law of Neuchâtel (Switzerland).
- 8) 2007.8.9-11, Curitiba, Brazil. *Presenting the System of Organismic Dimensions (SOD) model*. Workshop organized by Rubens Kignel and the Clinica Contacto.
- 9) 2007.8.08. São Paulo, Brazil: *Organism, mind and body. Presenting the System of Organismic Dimensions (SOD) model*. With a presentation of Doctor Waldo Hoffmman. Meeting of the Brazilian Association of Psychotherapy (Associação Brasileira de Psicoterapia).
- 10) 2007.3.16-18. *Place du thérapeute et éthique*. Training workshop given for the Montpellier School of Biodynamic.
- 11) 2006.2.18, Yverdon (Switzerland). *Using body methods to work after a deep psychological chock*. Continuous training en psychology of urgency organized by the AVP Debriefing web (Réseau AVP Débriefing).
- 12) 2004.6.04-06. *Développement du style personnel (developing a personal style)*. Training workshop given for the Montpellier School of Biodynamic.
- 13) 2003.1.27. *Introduction à la dimension corporelle* (Introducing the bodily dimension). Students in the Sion (Valais) School for social workers (de l'École pour travailleurs sociaux de Sion (Valais), la haute école santé sociale du Valais (HEVs2-V)).
- 14) 1998.12.12. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
- 15) 1996.10.18—19. *Using methods of Analysis of Non-verbal Communication in Psychotherapy*. Training workshop at Bjorn Blumental's Institut of Vegetotherapy, Oslo—Norway.
- 16) 1996.1.19. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.

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- 17) 1995.4, Geneva. *Introduction neo-reichian approaches*. 3 courses for the training of post-graduate psychiatrists at the I.U.P.G.
- 18) 1994.2.3. *Utilisation du FACS dans un contexte clinique* (Using FACS in a clinical context). Lecture given for Professor Klaus Scherer at the Geneva Faculty of Psychology, in the cycle of lectures on socio-affectivity, for first year students.
- 19) 1994.1.24, Geneva. *Le comportement facial de patients dépressifs et suicidaires* (The Facial Behaviour of Depressive and Suicidal Patients). I.U.P.G.
- 20) 1993.11, Lausanne. with Christine Lessko: *The Faces of Suicide* (les visages du suicide). Congress of the Swiss Association of Suicide at the University Hospital of the Vaud state (CHUV).

### Conférences

- 21) 2011.11.19, Fribourg, Switzerland. Conférence. *Modes d'intervention en psychothérapie corporelle et stress* [*Modes of intervention used in Body Psychotherapy to manage stress*]. Colloque of Collège Romand en Psychologie d'Urgence (CRPU) [Psychology for urgent situations] 2011 : "Corps et trauma : Du corps marqué au corps bouclier" [Body and Trauma : from the wounded body to the body as a shield]. The ancient psychiatric hospital of Marsens.
- 22) 2009.05.12, Lausanne (Switzerland). *Quelques principes de base des psychothérapies corporelles* (*basic principles of body psychotherapy*). Public conference organized by Marie Magnin at the Cazar.
- 23) 2009.3.28. *Le Système des Dimensions de l'Organisme* (SDO). Swiss Association of Body-Mind therapies (ASTPC), Onex, Geneva, Switzerland.
- 24) 2008.11.11. *Including the body in psychotherapy = a new way of thinking and working with individual dynamics*. "In Body Awareness: Where Body Psychotherapy, Neuroscience and Traditional Healing Meet". Congress organized by François Lewin for The Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in Paris.
- 25) 2008.10.17, Tokyo, Japan. *How Video Analysis can help young mothers*. Conference organized by the Bio Integral Psychotherapy School (BIPS).
- 26) 2007.9.15. *Micro- et Macro- pratiques en psychothérapies corporelles* (*mico- & macro- practices in body psychotherapy*). « Histoire de vie : des maux pour le dire. Traumatismes psychiques ». 6th Congress of the Society of Psychosomatic and psychosocial Medicine (SSMP), Centre Médical Universitaire de Genève.
- 27) 2007.8.15. São Paulo, Brazil: *Presenting the System of Organismic Dimensions (SOD) model*. Lecture organized by Rubens Kignel & Betisa Malaman. Universidade Paulista, Campus Pinheiros.
- 28) 2005.6.10. *My Body psychotherapy inspired by Bülow-Hansen. Principles, demonstration, discussion*. Congress on "The European Tradition meets the Norwegian Tradition of Body Work". University College of Oslo, Norway.
- 29) 2005.6.10. *Why look into the Norwegian body tradition?* Congress on *The European Tradition meets the Norwegian Tradition of Body Work*. University College of Oslo, Norway.
- 30) 2004.10.9, Marathon, Greece. *A case study illustrating what can be evaluated by the Postural Dynamics system*. Two-hour workshop given at the 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP): "The body at the Centre of Psychotherapy".
- 31) 2004.5.13, Lausanne. *S'exprimer par le corps, approche psychocorporelle*. Congress of the GRAAP (groupe romand d'accueil et d'action psychiatrique).
- 32) 2003.3.7, Bern, Switzerland. *Le langage du corps* (*Body language*). Section des lettres françaises du Lyceum Club International de Suisse.
- 33) 2002.1.21. *The invisible visible dimensions of bodily interactive behaviour*. Heidelberg University Psychiatric Departement of Professor Mund, under the invitation of Professor Thomas Fuchs.

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**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

- 34)2001.9.15.9. *Who regulates whom?* Part II. "The Art of Healing": 8<sup>th</sup> EABP Congress, Egmond aan Zee, The Netherlands.
- 35)1999.9.4. *The Flesh of the Soul*. Opening conference for the 7<sup>th</sup> EABP congress, Travemünde - Germany.
- 36)2000.6. With Courtenay Young: *The Scientific "What" of Psychotherapy: Psychotherapy is a Craft not a Science!* Second National Conference Of The United States Association For Body Psychotherapy (USABP), Berkeley, CA.
- 37)1997.6.26 -29. *How to situate Phenomena on which Psychotherapy focuses in the Levels of Matter?* 7<sup>th</sup> Congress of the EAP, Rome - Italy.
- 38)1996.8.5—9, Basel. *Atmospheres as an equivalent to Language in Non-Verbal Communication*. "Culture - sign - space", VIIIth congress of German and Dutch Semiology, organised by the "Deutsche Gesellschaft für Semiotik".
- 39)1995.9.26. *A doctor facing suicidal patients* ("le médecin face à des patients suicidants"). Cycle of Sandwich Conferences of the Psyhiatric department of the Geneva University Hospital (HUG).
- 40)1994.5.21, Toulouse, France. *L'aqualide*. Congress of the Association of Psycho-Organic Analysis.
- 41)1994.3.24. *Dépression et Suicide: aspects psychosociaux* (Depression and suicide: psycho-social aspects). Geneva Medico-Legal Institute for Professor Harding and Doctor Enckell.
- 42)1993.10. *What do Science and Psychotherapy have to learn about each other?* 3rd EABP Congress, Strasbourg, France.
- 43)1993.10. *Unconscious Communication*. 3ed EABP Congress, Strasbourg, France.
- 44)1992.10. *The Faces of Suicide*. 5th European Conference on « Facial expression-measurement and meaning », organized by professor Enrico Ricci Bitti, University of Bologna.
- 45)1992.5.6, Lausanne. *Analyse de l'expression du visage chez les patients dépressifs* (Analysis of the Facial Expressions of Depressive Patients). Policlinique Psychiatrique Universitaire B, invited by Professor François Ferrero.
- 46)1992.3. *Posture as a regulator between biology and culture*. Congress on "Nonverbal Communication", organized as part of an annual meeting on "The Biological Foundations of Human culture" at the Zentrum für Interdisziplinäre Forschung, University of Bielefeld - Germany.
- 47)1991.12. *Émotions*. Center of Biodynamic Psychology, Paris-France.
- 48)1991.05. *Love implies automatically abuse* ("Lieben Heisst Bereits Missbrauchen"). Congress of the German Speaking Association of Bio-dynamic Psychology, in Germany.
- 49)1991.09. *Unconscious bodily communication: theory and experimental (scientific) results*. "Words - Touch - Transference, aspects of the Therapeutic Relationship". 3<sup>rd</sup> EABP congress, Lindau, Germany.
- 50)1988.5. *Deflux et contre-transfert*. Congress of the French Speaking Association of Biodynamic Psychology, Château Cornu—France.
- 51)1986.5. *Transfert. Psychologie Sociale, Psychologie Cognitive et Psychothérapie*. Congress of the French Speaking Association of Biodynamic Psychology, at Poitiers-France.
- 52)1982.5. *Le comportement postural*. Congress organized by French speaking therapists in Biodynamic Psychology at Montailleurs - France.

### Tables rondes

- 53)2010.10.31. *Finding a few common terms that can be used by all schools in body psychotherapy*. Round table chaired by Gustl Marlock, with Kirsten Ekerholt, Ulf Geuter and Michael Heller. "Body Mind Relationship", 12<sup>th</sup> congress of the EABP in Vienna.
- 54)2007.10.20. Round table chaired by Bjørn Blumenthal, with Asbjørn Faleide, Per

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Harbitz, Michael Heller and Mary-Anne Knudsen. Seminar to honor *the 50<sup>th</sup> anniversary of Wilhelm Reich's death*, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in Oslo.

- 55) 2004.6.10. *Comportement facial dans la relation thérapeutique (facial behavior in a psychotherapeutic interaction)*. Round table directed by Professor Ivy Mary Blackburn. 10th meeting of the French speaking Association for Training and Research in Cognitive and Behavioural Therapy (10èmes journées de L'Association Francophone de Formation et de Recherche en Thérapie Comportementale et Cognitive: Troubles de Personnalité et troubles émotionnels: la place du thérapeute). Veyrier du Lac, France.
- 56) 2004.5.1. *Les diverses peurs distinguées en psycho neurologie, et les dimensions thérapeutiques qui leur correspondent (different forms of fear in psycho neurology, and the corresponding therapeutic interventions)*. Lausanne University, Faculty of History and religion. This meeting was part of a course on the psychotherapy of tortured emigrants entitled: "De la frayeur ou l'envers du décor". Organized by François Fleury, with the participation of Mona Cserveny, Marulla Hauswirth and Abdelhak Elghezouani.
- 57) 2002.10.30. Round table, with Bessel van der Kolk and Luciano Rispoli among others: *The scientific basis of body psychotherapy - Recent discoveries: the therapeutic process, how and why it works - Innovative methods in outcome evaluation*. 6th International Congress of Body Psychotherapy, in Ischia and Naples.
- 58) 2001.9.16. Round table on *Conflicts in systems - systems in conflicts*. Moderator: Susan Schwarwiess, with Jean Claude Audergeon, Malcom Brown, Michael Heller, Daniel Ofman, Lennart Ollars and Inga Teekens. "The Art of Healing": 8<sup>th</sup> EABP Congress in Egmond aan Zee, The Netherlands.
- 59) 2001.9.14. *Who regulates whom? Part I*. Round table for the Margaret Mead Centennial with Mary Catherine Bateson and François Fleury. "The Art of Healing": 8<sup>th</sup> EABP Congress, Egmond Aan Zee, The Netherlands.
- 60) 1998.6.25. Round table on « *Researching the Body, and the Body in Research* », chaired by Christine Caldwell, with Bessel van der Kolk, Alice Kahn Ladas, Peter Levine and John May. First National Conference Of The United States Association For Body Psychotherapy, Boulder - USA.
- 61) 1997.5.10. Round table on *Self Regulation & Society*. EAPB congress at Vienna - Austria, organized to commemorate Wilhelm Reich's 100<sup>th</sup> birthday.

### Workshops

- 62) 2011.11.19. *Le reflex de sursaut*. Conference on Psychology for urgent situations [Colloque du Collège Romand en Psychologie d'Urgence (CRPU) 2011 : « Corps et trauma : Du corps marqué au corps bouclier » [Body and Trauma : from the wounded body to the body as a shield]. The psychiatric hospital of Marsens, Fribourg, Switzerland.
- 63) 2010.11.1. *Otto Fenichel & Wilhelm Reich: The father and the hidden uncle of body psychotherapy*. Moderator: Michel Heller, with Ulf Geuter and Johannes Reichmayr: "The Birth of body psychotherapy in the Berlin of the 1930s: around Otto Fenichel, Wilhelm Reich and Elsa Gindler". 12<sup>th</sup> EABP congress in Vienna: Body Mind Relationship.
- 64) 2010.10.31. *Using the SOD model to distinguish basic terms in Body Psychotherapy*. Moderator: Gustl Marlock, with Kirsten Ekerholt, Ulf Geuter and Michael Heller. "Finding a few common terms that can be used by all schools in body psychotherapy". 12<sup>th</sup> EABP congress: Body Mind Relationship, Vienna.
- 65) 2008.11.8. *Combining different perspectives in body psychotherapy, using the SOD model*. Congress organized by François Lewin for the Scientific Committee for Body Psychotherapy (ISC) & The European Association of Body Psychotherapy, in

### Basic Curriculum vitae:

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Paris.

- 66) 2008.10.18 – 19, Tokyo, Japan. *Wilhelm Reich's pulsation in intra-organismic in inter-organismic regulation systems*. Workshop for the Bio Integral Psychotherapy School (BIPS).
- 67) 2007.10.19. *Reich – Organismic social psychology*. Seminar to honor the 50<sup>th</sup> anniversary of Wilhelm Reich's death, organized by Bjørn Blumenthal, Berit Heir Bunkan and Bjørn Skar Ødegaard, in the Institut of Psychology Harald Scheldrups of Oslo University.
- 68) 2004.10.9. *The postural dynamics of a psychoanalytical process*. Conference given as main speaker at the 9<sup>th</sup> European Congress of Body-Psychotherapy (EABP): "The body at the Centre of Psychotherapy". Marathon, Greece.
- 69) 2004.11.12, Zurich. *The Facial Action Coding System (FACS) and emotional expressions* in George Downing's seminar on "Nonverbal process in therapeutical transference – theory and practical implications" (Nonverbale prozesse in der therapeutischen Beziehung – Theorie und praktische Implikationen).
- 70) 2002.5.19. *The Jelly Fish. "A Vision of Unity": Biodynamic Psychology Congress*, in Freiburg, Germany.
- 71) 1999.9.4. With Bjorn Blumenthal : *The psychotherapists body*. 7<sup>th</sup> EABP congress, Travemünde – Germany.
- 72) 1998.6.24. With Christine Caldwell. « *Darwin's Puzzles in Our Minds* ». First National Conference Of The United States Association For Body Psychotherapy, Boulder – USA.
- 73) 1998.6.23, CHUV (Lausanne). With Véronique Haynal-Reymond: *Poster on suicide and facial behavior, meeting of the psychiatric departments of Geneva and Lausanne*.
- 74) 1989.09. *Emotions and Facial Expression*. 2<sup>nd</sup> EAPB congress at Seefeld (Austria).
- 75) 1998.5.14. *Recherche sur comportement et psychopathologie en utilisant le FACS (Research on behavior and psychopathology using FACS)*. Seminar on ongoing research by Maryvonne Gognalons-Nicolet at the H.U.G.
- 76) 1997.11.29, Zurich. *Presenting research projects of the L.A.C. General Assembly of the Swiss section of the EABP*.
- 77) 1996.11.20. *Anxiété des parents: normalité et pathologie (Anxiety of parents: normality and pathology)*. Seminar on the history of psychiatry organized at the H.U.G. by Marc Archinard.
- 78) 1996.3.1. With Véronique Haynal-Reymond. *Les intentions suicidaires des patients reflétées dans le visage du médecin (Suicide intentions of patients reflected in a doctor's face)*. Congress on "The Body in Psychotherapy", organized by Professor J. Guimon (H.U.G.), in Geneva-Switzerland.
- 79) 1995.6.22–25. *The Facial Behavior of a Doctor Interviewing Suicide Attempts*. 6th European Conference on Facial expression-measurement and meaning, Madrid—Spain.
- 80) 1994.9.25–29. *The Influence of Suicidal Behavior on Depressive Facial Behavior*. Congress of the German Association for Psychology, Hambourg – Germany.
- 81) 1994.9.16–17, Geneva. With Véronique Haynal—Reymond: *The Mask of Suicide*. European Symposium on Adolescence and Suicide.
- 82) 1993. With Véronique Haynal-Reymond. *Presenting the research of the L.A.C. in the USA*.
  - a) At the Seminar of Professor John Gottman, Psychology Faculty, Washington University, Seattle.
  - b) At the Seminar of Professor Mardi Horowitz, Psychiatric Department, Medical Faculty, University of California-San Francisco.
  - c) at Paul Ekman's Laboratory of the Faculty of Psychology in the University of California-San Francisco.
- 83) 1989.9. *Presenting the research project of the Geneva Laboratory of Affect and communication on the analysis of facial behavior of suicidal patients*. EABP

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congress, Seefeld-Austria. 4 days.

Publications

**Livres**

- 1) Heller, M. C. (2012). *Body Psychotherapy: History, Concepts, and Methods*. New York: W.W. Norton.
- 2) Heller, M. (2008). *Psychothérapies corporelles. Fondements et méthodes*. Louvain: De Boeck.
- 3) Heller, M. (ed.) 2001: *The Flesh of the Soul: the body we work with*. Bern: Peter Lang.

**Articles**

- 4) Heller, Michel (2010). *Le système des dimensions de l'organisme (SDO)*. Adire, 24, pp. 213-255.
- 5) Michael C. Heller & Gill Westland (2011). *The System of the Dimensions of the Organism (SDO): a common vocabulary for body psychotherapy*. Body, Movement and Dance in Psychotherapy, 6, 1. 43 - 57.
- 6) Ulfried Geuter; Michael C. Heller; Judyth O. Weaver (2010). *Elsa Gindler and her influence on Wilhelm Reich and body psychotherapy*. Body, Movement and Dance in Psychotherapy, 5, 1: 59 - 73.
- 7) Heller, Michael (2009). *Die Dynamische Körperhaltung eines psychoanalytischen Prozesses, Teil 2*. Psychoanalyse & Körper, 14, 8, I: 51-65.
- 8) Heller, Michael (2008). *Die Dynamische Körperhaltung eines psychoanalytischen Prozesses, Teil 1*. Psychoanalyse & Körper, 13, 7, II: 77-94.
- 9) Heller, Michael Coster (2007). *The golden age of psychotherapy in Oslo I: from gymnastics to psychoanalysis*. Body, Movement and Dance in Psychotherapy, 2, 1: 5-16.
- 10) Heller, Michael Coster (2007). *The golden age of psychotherapy in Oslo II: from vegetotherapy to nonverbal communication*. Body, Movement and Dance in Psychotherapy, 2, 2: 81-94.
- 11) Heller, Michael Coster (2006). *A topography of the mind*. The USA Body Psychotherapy Journal, 2006, 5, 2: 61-87.
- 12) Heller, Michel (2005). *La sexualité en tant que penchant*. Dans Marie-Claude Bourgy & Danièle Dreux-Boucard (eds.), *La sexualité*, pp. 35-64. Adire, 21.
- 13) Michael Heller (2004). *Behind the stage of interacting faces: commentary on Case Study by Beatrice Beebe*. Psychoanalytic Dialogues, 14, 1 : 53-63.
- 14) Michel Coster Heller (2004). *Les divers peurs distinguées en psycho neurologie, et les dimensions thérapeutiques qui leur correspondent*. Le canard biodynamique, journal de l'Association Professionnelle de Psychologie Biodynamique, n.4 : 6-21.
- 15) Michel Heller (2004). *S'exprimer par le corps*. Dans développer son capital santé mentale par les approches naturelles et complémentaires. Actes du Congrès du GRAAP des 12 et 13 mai 2004. 50-54. Lausanne. Editions du GRAAP. <http://www.graap.ch>, <mailto:info@graap.ch>
- 16) Heller, Michel (2004). *Marc Archinard et l'organisme en interaction*. Revue médicale Suisse, 5, février : 376-342.
- 17) Heller, Michael (2003): *Body experience and expression of the soul: the birth of the international foundation for Biosynthesis IFB*. Energy & Character, vol.32, September : 13-16.
- 18) Heller, Michael (2002): *Körpererfahrung und Seelenausdruck. Die Geburt des Internationalen Stiftung für Biosynthese*. Energie & Charakter, n. 24, pp 12 - 17.

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**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

- 19) Heller, Michael (2001): *Presentation: The Organism as Physiology, Body, Flesh and Soul*. Heller, Michael (ed.): *The Flesh of the Soul: the body we work with*: 9—31. Bern: Peter Lang.
- 20) Heller, Michael; Haynal-Reymond, Véronique; Haynal, André & Archinard, Marc (2001): *Can Faces Reveal Suicide Attempt Risks?* Heller, Michael (ed.): *The Flesh of the Soul: the body we work with*: 231—256. Bern: Peter Lang.
- 21) Heller Michel (2000). *Dynamique Expressives*. Dans Plantin, Christian & Doury, Marianne & Traverso Véronique, (ed.) Les Émotions dans les Interactions. Lyon. Presses Universitaires de Lyon, CD-ROM section.
- 22) Archinard, Marc; Haynal-Reymond, Véronique & Heller, Michel (2000). *Doctor's and patient's facial expressions and suicide reattempt risk assessment*. Journal of Psychiatric Research, 34 : 261 -262.
- 23) Heller Michel (1998). *La programmation comme microscope du comportement communicatif corporel*. Cahiers Psychiatriques, No 24 : 101—117.
- 24) Heller Michel (1998). *Les 100 ans de Wilhelm Reich*. Adire, No 14.
- 25) Heller Michael & Haynal Véronique (1998). *Report on the 'Janus' Project*. Rapport de recherche du L.A.C.
- 26) — Heller Michel (1998). *Notes de lecture sur What the face reveals de Paul Ekman et Erika L. Rosenberg*. Psychothérapies, vol. XVIII, n. 3 : 179—180.
- 27) Heller, Michel (1982). *La Psychologie Biodynamique hier et aujourd'hui*. Rencontre à Montailleurs : 8-26. Publié par les élèves de Paris I et Genève I de la formation de psychologie Biodynamique.
- 28) Heller Michel (1997). *L'ombre parentale et le complexe d'Œdipe*. Adire, No 13, Juin: 201 - 236.
- 29) Haynal Véronique & Heller Michel (1997). *Les intentions suicidaires des patients reflétées dans le visage du médecin*. Dans Guimón José (ed.). Corps et psychothérapie. Genève. Editions Médecine et Hygiène, p76—82.
- 30) Heller Michael & Haynal Véronique (1997). *Depression and suicide faces*. In Paul Ekman P. & Rosenberg Erica L. (ed.). What the face reveals. Basic and applied studies of spontaneous expression using the Facial Action Coding System (FACS): 398—407. Oxford. Oxford University press.
- 31) Heller Michael & Haynal Véronique (1997). *Perspectives for studies of psychopathology and psychotherapy*. In Paul Ekman P. & Rosenberg Erica L. (ed.). What the face reveals. Basic and applied studies of spontaneous expression using the Facial Action Coding System (FACS): 408—413. Oxford. Oxford University press.
- 32) Heller M. (1997.) *L'étude des émotions comme exemple de comment philosophie et recherche psychologique peuvent collaborer*. Notes de lecture. Psychothérapies. (I do not have the exact references).
- 33) Heller Michel (1997). *Posture as an interface between biology and culture*. In Seegerstrale Ullica & Molnar Peter (ed.) Nonverbal Communication. where nature meets culture: 245 -262. New Jersey. Lawrence Erlbaum Associates, Inc.
- 34) Heller Michel & Haynal Véronique (1997). *The doctor's face. a mirror of his patient's suicidal projects*. In Guimón José (ed.). The body in psychotherapy: 46—51. Basel. Karger.
- 35) Heller, Michael (1996). *Atmospheres as an equivalent to language in non-verbal communication*. Abstracts of the 8th congress of Deutsche Gesellschaft für Semiotik. No page numbers in this volume.
- 36) Heller, Michel (1995). *Présentation de la revue Diagonales*. Diagonales, No 1\_: 5—14.
- 37) Heller, Michel (1995). *L'Aqualide*. Diagonales, No 1 :.119—158.
- 38) Archinard M., Heller M., Haynal A. (1995). *Recherche sur la communication avec des patients suicidants*. Rapport final au Fond National de la Recherche Scientifique, n 32-33548.92.



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**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

- 39) Heller, Michel (1995). *La normalité sexuelle pour un psychologue-psychothérapeute*. Les Lieux du Corps, No 4 : 47–61.
- 40) Heller, Michael (1994). *The jelly fish II*. Energy & Character, 25, 1: 18–43.
- 41) Heller, Michel & Haynal, Véronique (1994). *Les visages de la dépression et du suicide*. Les Cahiers Psychiatriques Genevois, No 16, 1994 : 107–117.
- 42) Heller, Michael (1994). *Der « Jelly-Fish » oder Die Reichianische Welt Der Gerda Boyesen*. Energie & Charakter, No 9 : 41–93.
- 43) Heller, Michael (1993). *The jelly fish I*. Energy & Character, 24, 2: 1–27.
- 44) Heller, Michel (1993). *Les psychothérapies à médiation corporelle*. Educateur, No 4 : 82–85.
- 45) Heller, Michel (1993). *Pour une éthique de la connaissance en psychothérapie*. Adire No 9 : 29-62.
- 46) Heller, Michel (1993). *Lieben heisst bereits missbrauchen*, Dialog: 31–56.
- 47) Heller, Michael (1993). *Wissenschaft & Psychothérapie*, Energie & Charakter, No 8: 191-201.
- 48) Heller, Michael (1993). *Unbewusste Kommunikation*. In Maul, B. (ed.) Körperpsychotherapie oder Die Kunst der Begegnung: , 163–189. Berlin: Verlag Bernhard Maul.
- 49) Heller, Michael (1993). *Unconscious communication*. In Maul B. (ed.) Body—psychotherapy or the art of contact: 155–179. Berlin : Verlag Bernhard Maul
- 50) Heller, Michel (1993). *Le transfert*. Dans Besson Jacqueline (ed.), Manuel d'enseignement de l'EFAPO, tome 3 : 67–124.
- 51) Heller, Michel (1992). *Corps et évaluation de psychothérapies. Un rêve à réaliser*. Psychothérapies, No 2 : 111-121.
- 52) Heller, Michel (1992). *Les émotions. un parcours littéraire pour psychothérapeutes*. Dans Besson Jacqueline (ed.), Manuel d'enseignement de l'École Française d'Analyse Psycho-Organique, tome 2 : 12–158.
- 53) Heller, Michel (1992). *L'inconscient*. Adire, No. 7-8 : 95–158 ,1992.
- 54) Heller, Michel (1992). *Aimer c'est déjà mésutiliser*. Journal Interne de Psychologie Biodynamique, No 27 : 33–50.
- 55) Christine Lessko, Michel Heller & Véronique Haynal (1992). *Suicidal patients & facial behaviour*. Rapport de recherche du L.A.C.
- 56) Heller, Michel (1991). *Éditorial*. Adire, No 6 : 5 -21.
- 57) Heller, Michel (1991). *La pratique de la respiration en Psychologie Biodynamique*. Besson, Jacqueline (ed.), Manuel d'enseignement de l'EFAPO, tome 1 : 181–243.
- 58) Heller, Michel & Lessko, Christine (1990). *Facial Behavior of suicidal patients*. Rapport de recherche du L.A.C. (IUPG).
- 59) Heller, Michel (1989). *Deflux et contre-transfert*. Adire No 4 : 99-132.
- 60) Heller Michael (1989). *Darwin and the Animal Nature of the Humans*. Energy & Character, 30, 1 : 67 – 78.
- 61) Heller, Michel (1989). *Sexualité et pratique*. Journal Interne de Psychologie Biodynamique, No 17.
- 62) Heller, Michael (1986). *The eye block*. Adire No 2, 199-220.
- 63) Heller, Michel (1986). *Le transfert. psychologie sociale, psychologie cognitive et psychothérapie*. Adire No 2 : 43-82.
- 64) Heller, Michel (1982). *Regards de la psychologie sociale sur le comportement corporel*. Rencontre à Montailleurs : 28-66. Publié par les élèves de Paris I et Genève I de la formation de psychologie Biodynamique.
- 65) Heller, Michel (1982). *L'œil au centre de la galaxie*. Rencontre à Montailleurs : 248-258. Publié par les élèves de Paris I et Genève I de la formation de Heller Michel (1999). *Esprit de médiation*. Adire, n.15, p. 173 – 188.

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**Michael C. Heller**, Doctor in *Psychology and Psychotherapist*

Published comments on my ideas

I do not mention here the introductions of volumes I wrote in.

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